## Fundations Lower Case Letters Formation Guide

This year we will be using the Fundations Program to teach handwriting. This Letter Formation Guide will enable you to help your child form the lower case letters correctly. It is important to use this guide while helping your child with homework. If we all use the same language when forming letters, your child will be more successful. Please use the picture below as a model for proper pencil grip.

|  | Letter Formation for $\mathbf{0}$ | Letter Formation for b |
| :---: | :---: | :---: |
|  | a is a plane line round letter. <br> It starts on the plane line. $\qquad$ <br> $--\infty-\square$ <br> 1. Point to the plane line. 2. Go back on the plane line then down and around on the grass line, <br> 3. And up to the plane line. <br> 4. Trace back down to the grass line. | b is a sky line letter. <br> It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Go down to the grass line. <br> 3. Trace up to the plane line, <br> 4. And around to the grass line. |
| Letter Formation for C | Letter Formation for d | Letter Formation for ${ }^{\text {e }}$ |
| c is a plane line round letter. <br> It starts on the plane line. $\qquad$ <br> 1. Point to the plane line. <br> 2. Start to fly backwards, <br> 3. And go down and around to the grass line. | d is a plane line round letter. <br> It starts on the plane line, just like c. <br> 1. Point to the plane line. <br> 2. Go back, down and around to the grass line, <br> 3. all the way back up to the sky line. <br> 4. Trace back down to the grass line. | $e$ is a plane line round letter, but it is special. e starts below the plane line. $\qquad$ <br> 1. Point between the plane line and the grass line. <br> 2. Fly under the plane line. <br> 3. Then go up to the plane line, <br> 4. And around the grass line. |
| Letter Formation for $\boldsymbol{f}$ | Letter Formation for 9 | Letter Formation for $\mathbf{h}$ |
| f is a sky line letter. It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Trace back on the sky line, <br> 3. and then way down to the grass line. <br> 4. Cross it on the plane line. | $g$ is a plane line round letter. <br> It starts on the plane line, just like c. <br> 1. Point to the plane line. <br> 2. Trace back on the plane line, <br> 3. Down and around all the way back to the plane line. 4. Trace back down all the way to the worm line and make a curve. | h is a sky line letter. It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Go down to the grass line. <br> 3. Trace back up the plane line, <br> 4. And make a hump. |


| Letter Formation for i | Letter Formation for $j$ | Letter Formation for $\mathbf{K}$ |
| :---: | :---: | :---: |
| i is a plane line letter. It starts on the plane line. $\qquad$ <br> 1. Point to the plane line. <br> 2. Go down to the grass line. <br> 3. Add a dot. | $j$ is a plane line letter. It starts on the plane line. $\qquad$ <br> 1. Point to the plane line. <br> 2. Go all the way down to the worm line, and make a curve. <br> 3. Add a dot. | k is a sky line letter. <br> It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Go all the way down to the grass line. <br> 3. Point to the plane line and leave a space. <br> 4. Slide over and touch your tall line, <br> 5. And slide back to the grass line. |
| Letter Formation for | Letter Formation for $\boldsymbol{m}$ | Letter Formation for $\boldsymbol{n}$ |
| l is a sky line letter. It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Go down to the grass line and stop. | $m$ is a plane line letter. It starts on the plane line. <br> 1. Point to the plane line. <br> 2. Go down to the grass line. <br> 3. Trace back up to the plane line, <br> 4. And make a hump, <br> 5. And the back up to the plane line and make another hump. | n is a plane line letter. It starts on the plane line. $\qquad$ $\qquad$ <br> 1. Point to the plane line. <br> 2. Go down to the grass line. <br> 3. Trace back up to the plane line, <br> 4. And make a hump. |
| Letter Formation for 0 | Letter Formation for | Letter Formation for $\mathbb{Q}$ |
| o is a plane line round letter. <br> It starts on the plane line, just like a c. $\qquad$ <br> 1. Point to the plane line. <br> 2. Trace back, then down to the grass line. <br> 3. And around back up to the plane line. | p is a plane line round letter. <br> It starts on the plane line. <br> 1. Point to the plane line. <br> 2. Go down to the worm line. <br> 3. Trace back up to the plane line, <br> 4. And curve all the way around to the grass line. | $q$ is a plane line round letter. <br> It starts on the plane line. Remember that $q$ is the chicken letter so in the end it wants to point up to its buddy, $y_{z}$. <br> 1. Point to the plane line. <br> 2. Trace back and go down to the grass line around, back to the plane line. <br> 3. trace back down to the worm line, <br> 4. And point up to his "buddy" u. |


| Letter Formation for $\boldsymbol{P}$ | Letter Formation for S | Letter Formation for $\dagger$ |
| :---: | :---: | :---: |
| $r$ is a plane line letter. It starts on the plane line. $\qquad$ $\square$ $\square$ $\square$ <br> 1. Point to the plane line, <br> 2. Go down to the grass line. <br> 3. Trace back up to the plane line, <br> 4. And make a little curve. | $s$ is a plane line round letter. <br> It starts on the plane line. $\qquad$ <br> $\mathbf{K}^{---\cdots}$ <br> 1. Point to the plane line. <br> 2. Trace back and it curves in, <br> 3. And goes back again and lands on the grass line. | tis a sky line letter. <br> It starts on the sky line. <br> 1. Point to the sky line. <br> 2. Go down to the grass line. <br> 3. Cross it on the plane line. |
| Letter Formation for U | Letter Formation for V | Letter Formation for W |
| $u$ is a plane line letter. It starts on the plane line. $\qquad$ <br> 1. Point to the plane line. <br> 2. Go down to the grass line. <br> 3. Curve up to the plane line, <br> 4. And trace straight down to the grass line. | v is a plane line slide letter. <br> It starts on the plane line and slides. $\qquad$ <br> 1. Point to the plane line. <br> 2. Slide down to the grass line. <br> 3. Slide up to the plane line. | w is a plane line slide letter. <br> It starts on the plane line and slides. <br> 1. Point to the plane line. <br> 2. Slide down to the grass line. <br> 3. Slide up to the plane line. <br> 4. Slide down to the grass line. <br> 5. Slide up to the plane line. |
| Letter Formation for $X$ | Letter Formation for $y$ | Letter Formation for $\mathbb{Z}$ |
| x is a plane line slide letter. <br> It starts on the plane line and slides. <br> 1. Point to the plane line. <br> 2. Slide down to the grass line. <br> 3. Leave a space and point to the plane line. <br> 4. Slide back to the grass line. | $y$ is a plane line slide letter. <br> It starts on the plane line and slides. <br> 1. Point to the plane line. <br> 2. Slide down to the grass line. <br> 3. Pick up your pencil and leave a space and point to the plane line. <br> 4. Slide back-all the way to the worm line. | z is a plane line slide letter, but it doesn't slide right away. <br> Before it slides, the $z$ goes on the plane line. <br> 1. Point to the plane line. <br> 2. Go on the plane line. <br> 3. Slide back to the grass line. <br> 4. Then go on the grass line. |

